

Pain Management/Opioid Treatment Agreement

1.	I,, understand that my physician, Hand in Hand Hospice and
	myself, will work together to find the most appropriate treatment for my chronic pain. I understand
	the goals of treatment are to decrease my pain in order to improve my ability to function. Chronic
	opioid therapy is only ONE part of my overall pain management plan.

- 2. I will communicate fully with my primary nurse and/or physician about the character and intensity of my pain, the effect of the pain on my daily life, and how well the medicine is helping to relieve the pain.
- 3. I understand that my provider and I will continually evaluate the effect of opioids on achieving the treatment goals and make changes as needed. I agree that I will use my medicine at a rate no greater than the prescribed rate and that use of my medicine at a greater rate will result in my being without medication for a period of time. During this time I may have symptoms of withdrawal related to abstinence. I understand that if my prescription runs out early for any reason (for example, if I lose the medication, take more than prescribed or if my medication becomes wet, destroyed or spilled), my provider will not prescribe extra medication for me. I will have to wait until the next prescription is due.
- 4. I understand that the Hospice nurse will reconcile medications during each visit. This may include counting medications to ensure proper quantities are available and that medications are being taken as prescribed by the physician.
- 5. I will not seek opioid medications from another physician for the treatment of my chronic pain. Regular follow-up care is required and only my provider will prescribe these medications for my chronic pain.
- 6. I will not attempt to obtain controlled medicines, including opioid (narcotic) pain medicines, controlled stimulants, or anti-anxiety medicines from any other doctor; or from acquaintances, friends, or relatives. I will only obtain my medications from one pharmacy.
- 7. I understand these medications may be sought by other individuals with chemical dependency and should be closely safeguarded. It is expected that I will take the highest possible degree of care of my medications and prescriptions. They should not be stored where others might see or otherwise have access to them.
- 8. Since the medications may be hazardous or lethal to a person who is not tolerant to their effects, especially a child, I must keep them out of the reach of such people. I understand that I may need to use a secured lock box to store my medications.
- 9. I will not give or sell my medication to anyone else, including family members. I agree to be responsible for the secure storage of my medication at all times. If these medications are stolen, I will cooperate with Hand in Hand Hospice and will report this to the police and to the prescribing provider.

- 10. I understand that the use of other medications can cause adverse effects or interfere with opioid therapy. Therefore, I agree to notify my provider of the use of all substances, including marijuana, alcohol, medications not prescribed for me (tranquilizers), and all illicit drugs.
- 11. I understand that I will consent to random drug screening, if requested by my provider. A drug screen is a laboratory test in which a sample of my urine or blood is checked.
- 12. I understand that any medical treatment is initially a trial and that continued prescribing is contingent on evidence of benefit.
- 13. I understand that my failure to meet these requirements may result in my provider choosing to stop writing opioid prescriptions for me.
- 14. I hereby agree that my provider has the authority to discuss my pain management with other health care professionals and my family members when it is deemed medically necessary in the provider's judgment.
- 15. My providers may obtain information from State controlled substances databases and other prescription monitoring programs.

Patient Name (printed)	Patient Signature	Date
(X) Power of Attorney/Authorized Representative Signature	Date	Relationship to Patient
Hospice Representative	 Date	

References/Resources cited:https://opioids911.org/media/doc/Op911-OpioidRxAgreements.doc http://theothermedicalclinic.com/paintopics/paincontract.html